# Ethical Bargaining and Parental Exclusion: A Clinical Case Analysis

26<sup>th</sup> Annual Canadian Bioethics Society Conference Winnipeg, MB | 2015

Elizabeth Victor, Ph.D. William Paterson University Philosophy Department Laura Guidry-Grimes, Ph.D.(c) MedStar Washington Hospital Center Center for Ethics

## To Begin

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- Based off of forthcoming publication:
  - ► Guidry-Grimes, Laura and Elizabeth Victor. "Ethical Bargaining and Parental Exclusion: A Clinical Case Analysis." *Journal of Clinical Ethics* (2015).

#### Case Details

- ▶ 4-month old, diagnosed with rare genetic condition
  - Ultrasounds, blood tests needed every 3 months to check for tumors (standard of care)
  - Currently stable

- ► Father dominates decisions, discussions
  - Mother cannot understand English
  - ► Father worries she will become "bad mother"
  - Resists standard of care

### The Compromise

- Medical team's worries:
  - Child becoming lost to healthcare system until medical crisis

- Bargain after informal ethics consult:
  - ➤ If father agrees to standard of care, clinicians will withhold information from the mother
  - ► Goal: Inform the mother over time to reduce likelihood she will become overwhelmed or depressed

#### **Ethics Committee Debrief**

- ► Heritability concerns w/ future reproduction decisions
- Perpetual deception
- Level of father's understanding
- ► *All* information about the mother came exclusively from the father
- Interpreter never contacted
- ▶ No legal basis for withholding information from mother

#### Moral Problems of Parental Exclusion

- Case of de facto asymmetrical parental authority
- ► AAP: family-centered care and decisional leeway
  - Compromises are permissible insofar as they do not sacrifice child's basic needs
- Medically optimal decisions are not always morally optimal
- When do clinicians have an obligation to solicit viewpoints from caregivers?
  - Should not abide by a policy of strict non-interference

#### Parental Exclusion: In this Case

- Range of medically & morally permissible options were narrow
  - > Standard of care is safe, effective, and non-invasive
- Ensuring the pediatric pt receives the standard of care:
  - Notice damaging family dynamics
  - ► Enable autonomy of all relevant caregivers
  - Ultimatum counts as evidence that the father may not have the patient's "good enough" interest at heart

# Overcoming Parental Exclusion: Enabling Autonomy

- No evidence was given that the mother chose to defer decisional capacity
- Deeper Concerns:
  - Need to create conditions for autonomy against backdrop of structural coercion and marginalization
  - Delaying action could perpetuate harmful family dynamics
- Strategizing to minimize moral risk-taking without overstepping

# **Ethical Bargaining**

- ► Ethical bargain (EB): Choosing not to pursue morally preferable outcome for the sake of coming to a resolution
  - > Type of compromise
  - > Suboptimal, but might be necessary
- ▶ When confronted with EB:
  - ► Can EB be avoided?
  - Baseline for these negotiations? range of what is ethically permissible determined first

# Ethical Bargaining in this Case

- Medically uncontroversial recommendation
- ► Father's ultimatum prevented the other parent's involvement in the decision-making process
  - ➤ Directly affects the degree to which the mother can care for her son, short- and long-term
  - Will likely lead to host of morally problematic decisions
  - Impediment to family-centered care
- ► Result: Ethically **impermissible** bargain

#### **Preventive Ethics**

- ► Ensure information is available
  - ► Reach out to all appropriate consultants and services
- Mitigate the effects of implicit bias
  - Institutional initiatives to raise awareness about implicit bias
- Record problematic family dynamics
  - Indicate in chart notes when one parent dominates/remains silent
  - Enable institution to track pattern which may be necessary for future actions (legal, ethics review, etc.)

#### Thank You!

Discussion

Elizabeth Victor victore@wpunj.edu

Laura Guidry-Grimes laura.k.guidry-grimes@medstar.net